



Season 2020-2021

Risk Assessment

Paddington Rec

This document has been produced in line with the Government and the FA, which sees the easing of lockdown restrictions on gatherings, public spaces, and outdoor activities and phased return of outdoor sport and recreation.

The return of grassroots football is something that we know many are keen to see, but at this stage of the nation's response to Covid-19, it must be done with careful consideration for everyone's safety.

We have confirmed with our insurers that our insurance is still in place and operational for our return to training and beyond, in line with government guidelines.

IMPORTANT: if a member of your household is showing symptoms of the virus or have been in contact with someone displaying symptoms within the last two weeks, then you should stay at home until a NHS practitioner advises you that you no longer need to remain in isolation and your child will not be permitted to train with us during this time.

Club Contacts	Emergency Contact
Club Welfare Officer: Nuno Coelho 07428384583 info@efalondon.com	In an emergency, always dial 999 Nearest Hospital St Mary's Hospital Pread St, Paddington London W2 1NY 020 3312 6666

EFA Parent/Guardian Safety Checklist

- If anyone in your household, including the player, is displaying a temperature, please do not attend the training session and the match and self-isolate for 14 days.
- No spitting. If you or the player have hayfever or need to cough, please do this into the crook of your elbow. Anyone displaying a persistent cough around the pitch will be asked to leave the facility immediately.
- Please ensure your child has gone to the toilet and washed her hands before arriving at the training session or the match. Hand sanitisers will be available on the side of the pitch for our sessions and matches and all players will be required to use these on arrival and leaving. The coach will have sanitisers for in-play.
- Players must arrive in their kits ready to train and play. No changing at the facility will be permitted, all changing rooms will be closed.
- For player safety, we ask that parents to not stay in the premises or there is a max of 1 parent/spectator per player. Other spectators are permitted into the grounds but should remain at least 2 meters back from the respect line/other spectators and must not be in groups of larger than 6. Do not mix with other groups.
- All equipment will be sanitised prior to player use (balls, goal posts, flag poles, cones).
- Players must ensure that they have a water bottle and that it is distinguishable from another's players (preferably named). Players must not share their drink with anyone else – not even “skying”.
- Should an injury occur the designated first aider will treat wearing gloves and facemask. Please, ensure your contact details are up to date in our system if we need to call you and you are not at the training session or the match.
- If a player becomes unwell during a training session or a match, they will be removed from the event away from the other players and a parent/guardian called to collect from the gate. Please, ensure your contact details are up to date in our system.
- Please note we will ask all players to ensure they collect everything when they leave the training session or the match and coaches will visually check. However, anything left behind may be thrown away due to infection risk. Please, ensure your son/daughter is aware.

EFA Player Safety Checklist

- All equipment will be sanitised prior to the training session and the match. We ask that you minimise touching the ball unless in the training session or match itself.
- You should go to the toilet before you arrive at the facility. If you use the facilities on site, please wash your hands thoroughly and then use the sanitiser.
- Please sanitise your hands immediately on arriving, your coach will have sanitiser with them but we also recommend you bring your own in your match day bag.
- We ask that you check your temperature before leaving your house. If it is elevated, you must stay at home and self-isolate for the next 14 days.
- If you have a persistent cough, you should not come to the training session or match.
- Do not share your drink with anyone – not even “skying”
- No spitting. Do not sneeze into your hands. If you must sneeze or cough during the any event, do this into the crook of your elbow.
- If you are a substitute, please ensure you sit 2 metres away from the next sub and wear your hoodie/track suit top as bibs will not be provided.
- Group huddles and contact-based goal celebrations are not permitted.
- Set plays must be done quickly and walls should be avoided.
- If you are feeling unwell or injured, sit down. The coach will know how to stop the game and a first aider will come to treat you or arrange for you to be collected by your emergency contact.
- When leaving the training session or match, make sure you take everything with you as anything left behind may be thrown away to control infection.

Risk Assessment

Hazard	Who could be harmed?	Severity	Controls	Additional comments
Young people attending in team / groups	There is a particular risk to 1. Other participants 2. Coaching team 3. Other visitors such as parents	HIGH	<ol style="list-style-type: none"> 1. Training groups are placed 2 meters apart one from the other; 2. Coaches to mark out with cones positions for the players to wait for their turn to take part of the drill, when it's required; 3. Physical contact will be required to its minimum; 4. Goalkeepers, in their specific training sessions, will use the same ball from beginning to the end of the session. 	<p>It is a requirement that all academy's teams have a training or match day risk assessment in place. All this information has been passed to coaches and parents.</p> <p>This risk assessment will be stored online on our website http://www.europeanfootball.academy/risk-assessment/.</p>
Risk of social distancing guidelines being breached during sessions	There is a particular risk to 1. Participants 2. Coaches 3. Players	MEDIUM	<ol style="list-style-type: none"> 1. The particulars of this risk assessment must be followed by the team coach. 	<p>To ensure guidelines are maintained we ask that spectators do not move around.</p> <p>Spectators for the same household must remain together and not mix with spectators of other households.</p>

Hazard	Who could be harmed?	Severity	Controls	Additional comments
Risk of social distancing guidelines being breached on arrival and departing the site	There is a particular risk to 1. Other participants 2. Coaches 3. Other visitors to the site such as parents/guardians	HIGH	<ol style="list-style-type: none"> 1. For training sessions, players and spectators are asked to ensure that they remain 2 metres apart when arriving. 2. Respect barriers to be set 4 metres + back from the line to ensure that there is always at least 2 metres between the player and spectators for actions close to the edge of the pitch. 3. Players will be permitted 1 spectator each at the respect line, 2 metres apart. More spectators will be permitted, but these must be 2 metres behind the respect line and not exceed groups of 6. 	<p>The FA guidance refers to venue capacity. As grassroots football usually does not have seats for spectators and in order to mitigate risk, we ask that only 1 spectator per player is actually at the respect line and all others are set back 2 metres in no more than 6 in a group.</p> <p>This will be reviewed weekly through coach feedback.</p>
Risk of general cross contamination	There is a particular risk to 1. Other participants 2. Coaches	MEDIUM	<ol style="list-style-type: none"> 1. Players and coaches to check their own temperature before arriving. If elevated or anyone is displaying a persistent cough, they must not attend the training session or match. The players and coaches must also notify the club and self-isolate for 14 days. 2. All players, coaches and spectators to regularly sanitise at arrival and exit of the session. 3. Coaches must have face masks and gloves in their medical kits in the event of treating an injured player. 4. Drink bottles cannot be shared by young people (no skying). 5. Any other consumables other than healthy fluids will not be allowed onto the pitch. 	<p>Sanitisation guide (youth teams):</p> <p>Sanitise before and after the training session or match</p> <p>Sanitise before and after the player goes to the bathroom</p> <p>Sanitise before and after the players is treated for an injury</p>

Hazard	Who could be harmed?	Severity	Controls	Additional comments
Risk of contamination through use of toilets/changing rooms	There is a particular risk to 1. Other participants 2. Coaches	Medium	<ol style="list-style-type: none"> 1. Parents will be advised to ensure that their child has used the toilet at home prior to arriving at the training session or match to minimise risk. 2. Players should be reminded of good hygiene and wash hands thoroughly and then use hand sanitisers immediately after using the toilets at the facilities on training or match days; 3. Players are highly encouraged to be wearing the training or match kit from home to avoid to use the changing rooms 	Welfare officer, coaching team & Head Coach to monitor sessions and adjust practices accordingly, to continually ensure safe operation on the sessions
Risk of cross contamination through use of equipment	There is a particular risk to 1. Other participants 2. Coaches	Medium	<ol style="list-style-type: none"> 1. Minimal equipment to be distributed to each area, which will be sanitised before use. 2. All equipment to be wiped down prior to the training session including footballs and cones. 3. Players to bring a tracksuit top to wear to reduce cross contamination from bibs. 	Footballs will be sanitised before the training session or match. As much as possible, each group will play with the same footballs to avoid cross contamination.
Risk of Contact between staff and young people when treating injuries	1. Participants 2. Coaches	Medium	<ol style="list-style-type: none"> 1. Each coach will be provided with a reusable mask and single use gloves. 2. All players should move away from the injured player to allow treatment. 3. Emergency services to be called immediately if the injury is of a serious nature. 4. If the injury is not serious, but the player cannot continue in the session then parent/guardian will be called to collect. The player will be moved to a recovery area by the first aid officer/coach. 	Welfare officer, coaching team & Head Coach to monitor sessions and adjust practices accordingly to continually ensure safe operation on the sessions.

Hazard	Who could be harmed?	Severity	Controls	Additional comments
Cross contamination through violence: Spectators	Parents/carers	High	<ol style="list-style-type: none"> 1. In the event of a violent outbreak between adults spectating, the police shall be called immediately and the training session or match will be cancelled. 2. All players, officials, club members will be moved away from the area to safe location as guided by the coach, and remain 2 metres apart, in groups not exceeding 6. 3. When it is safe to do so, the coach will instruct the match participants to leave the facility. 	An incident report shall be created by the club welfare officer to be retained by the club and shared with the league and CFA.
Cross contamination through violence: On Pitch	<ol style="list-style-type: none"> 1. Players 2. Coaches 	High	<ol style="list-style-type: none"> 1. In the event of an on-pitch fight, the club will act under the instruction of the referee (match) or coach (training session). 2. Coach to call parent/guardian to immediately collect any player sent off. 3. All players to sanitise whilst the sanction is being dealt with. 	An incident report shall be created by the club welfare officer to be retained by the club and refer to player sanction as instructed by the referee.

Risk Assessment completed by: Nuno Coelho

Dated: 2 September 2020

Shared with: Coaching Team, EFA Management Team, All Parents

Risk Assessment Review: WEEKLY